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Low Carb Living Cookbook Box Set: Low Carb Recipes For Breakfast, Lunch, Dinner, Snacks, Desserts And Slow Cooker



Synopsis

LOW CARB DIET BOX SET: ENJOY OVER 120 DELICIOUS LOW CARB RECIPES FOR WEIGHT LOSS, ENERGY AND VIBRANT HEALTH STARTING TODAY!RECEIVE A HUGE DISCOUNT (OVER 75%) WHEN YOU BUY ALL BEST SELLING LOW CARB LIVING BOOKS TOGETHER. EACH OF THESE BOOKS ALONE SELLS FOR 2.99!Low Carb Living Vol. 1Low Carb Living Breakfast Time Vol. 2Low Carb Living Dinner Time Vol. 3Low Carb Living Slow Cooker Vol. 4You will have access to over 120 mouth watering, easy low carb recipes your whole family will love. Each recipe has been tried and tested and includes a complete nutritional profile. You can enjoy these recipes day after day and never have to worry what to eat for dinner again!Each recipe included in these books contains less than ten grams of net carbohydrates per serving.The tasty recipes in this box set include:Hearty BreakfastsBreakfast SmoothiesBreakfast SweetsAppetizers and StartersSide DishesChicken-based DishesBeef-based DishesPork-based DishesFish-based DishesVegetarian-based DishesSlow cooker RecipesChilies and SoupsDessertsSnacks Are you looking to lose weight?! Do you have diabetes and are looking to control your blood glucose levels?!If so, you may want to consider a low carb diet. A low carb diet has many positive outcomes including: weight loss (even when you are not consciously counting calories), reduced blood glucose for those with diabetes, increased HDL ("good" cholesterol), and decreased blood pressure. You will never get bored again! Your eyes will no longer search for the bread bowl! Work with these books as your guide to make textured, layered meals that rev your metabolism and burst you forward into a rejuvenated, more exciting lifestyle. Watch your hunger disappear and your waistline fizzle.You will ask yourself why you didn't go on a low-carb diet years ago; you thought it was a fad, sure. But these books show you: it is a proven, scientific, and tasty way in which to live the rest of your life. Best part: Your family will absolutely love these recipes too.Fuel your summer with lively salads; render warmth to your fall with fabulous, sleep-inducing stews. Allow your body to reap the rewards of the low-carb lifestyle, and allow your mind the reassurance that you are living healthy. With these low carb recipes, being healthy is delicious and easy!SCROLL UP AND CLICK BUY TO DOWNLOAD YOUR COPY INSTANTLY

Book Information

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Customer Reviews

I'm so disappointed with this purchase. I bought it specifically for snacks and desserts. There are only 5 dessert recipes and 7 snacks. There are maybe 125 recipes total, which means each of the four books in the box would have about 30 recipes. Bright side - some of the recipes look good! I just really expected much more.

I like the recipes in this book, but I think it's deceiving to call it a "boxed set." It's really just one 250-page volume with various sections.

This was advertised as a "boxed set", but was one book. Has good recipes, so it was a good purchase for me.

great resource for low carb

Was very disappointed with this book. I was hoping for something really innovative but found the recipes to be very bland and boring.

love these books, lots of recipes good information

good recipes, but no index is a real loser

Good recipes that use ingredients I can easily find at the local grocery store.

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Low Carb: 365 Days of Low Carb Recipes (Low Carb, Low Carb Cookbook, Low Carb Diet, Low Carb Recipes, Low Carb Slow Cooker, Low Carb Slow Cooker Recipes, Low Carb Living, Low Carb Diet For Beginners) Low Carb Living Cookbook Box Set: Low Carb Recipes for Breakfast, Lunch, Dinner, Snacks, Desserts And Slow Cooker Slow Cooker Recipes: 2,000 Delicious Slow Cooker Recipes Cookbook (Slow Cooker Recipes, Slow Cooker Cookbook, Slow Cooker Chicken Recipes, Slow Cooker Soup Recipes) Crock Pot: Everyday Crock Pot and Slow Cooker Recipes for Beginners(Slow Cooker, Slow Cooker Cookbook, Slow Cooker, Slow Cooker Cookbook, Crockpot Cookbook, ... Low Carb) (Cookbook delicious recipes 1) Low Carb Cookbook: Delicious Snack Recipes for Weight Loss. (low carbohydrate foods, low carb cooking, low carb diet, low carb recipes, low carb, low carb ... dinner recipes, low carb diets Book 1) Slow Cooker Cookbook: 1001 Best Slow Cooker Recipes of All Time (Slow Cooking, Slow Cooker, Meals, Chicken, Crock Pot, Instant Pot, Electric Pressure Cooker, Vegan, Paleo, Breakfast, Lunch, Dinner) Thai Slow Cooker Cookbook: 51 Classic Thai Slow Cooker Recipes with Step By Step Procedure (Thai Recipes, Thai Slow Cooker Recipes, Thai Slow Cooker Cookbook, ... Cooker, Simple Thai Cookbook, Thai Cooking) Low Carb Diet: Introduction To Low Carb Diet And Recipes Of Low Carb Soups And Casseroles: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, low carb recipes) Slow Cooker Cookbook: 1001 Best Slow Cooker Recipes of All Time (Fast and Slow Cookbook, Slow Cooking, Crock Pot, Instant Pot, Electric Pressure Cooker, Vegan, Paleo, Dinner, Breakfast, Healthy Meals) Low Carb: The Ultimate Beginner's Low Carb Guide to Lose Weight Quick without Starving With over 20 Easy Recipes To Follow. (Low Carb, Low Carb Cookbook, ... Diet, Low Carb Recipes, Low Carb Cookbook) Delicious Crockpot Recipes: A Full Color Crockpot Cookbook for your Slow Cooker (Crockpot;Crockpot Recipes;Slow Cooker;Slow Cooker Recipes;Crockpot Cookbook;Slow ... Cookbook;Crock Pot;Crock Pot Recipes;Cro 1) Low Carb Candy Bars: 25 Low Carb Recipes To Satisfy Your Sweet Tooth: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, low carb recipes) Low Carb Slow Cooker Cookbook: Delicious Fat Burning Low Carb Slow Cooker Recipes (Low Carb Crockpot Cookbook Book 3) Low Carb Cookbook: 500 BEST LOW CARB RECIPES (low carb diet for beginners, lose

weight, Atkins diet, low carb foods, low carb diet weight loss, low carb food list) Ketogenic Slow Cooker Recipes: 200 keto Slow Cooker (Crock Pot) Recipes, Chef Approved, Delicious Low Carb Slow Cooker Recipes, For Super Fast Weight Loss , Quick and easy Recipes for Healthy Living Instant Pot: 365 Days of Instant Pot Recipes (Fast and Slow, Slow Cooking, Chicken, Crock Pot, Instant Pot, Electric Pressure Cooker, Vegan, Paleo, Breakfast, Lunch, Snack, Healthy Slow Cooker Dinner) Paleo Slow Cooker: Healthy Delicious Paleo Diet Slow Cooker Recipes for Your Family (Slow cooker recipes, Low carb diet, Paleo diet recipes, Paleo Cookbook, Ketogenic Diet, Ketogenic recipes) My Grain & Brain Gluten-free Slow Cooker Cookbook: 101 Gluten-free Slow Cooker Recipes to Boost Brain Power & Lose Belly Fat - A Grain-free, Low Sugar, Low Carb and Wheat-Free Slow Cooker Cookbook KETO SLOW COOKER: 120 Delicious, Quick and Easy Ketogenic Slow Cooker Recipes (keto, ketogenic, ketogenic cookbook, slow cooker, slow cooking, ketogenic ... weight loss, paleo, low carb, cleanse) Bariatric Cookbook: Lunch and Dinner bundle Æ 3 Manuscripts in 1 Æ 140+ Delicious Bariatric-friendly Low-Carb, Low-Sugar, Low-Fat, High Protein Lunch and Dinner Recipes for Post Weight Loss Surgery

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